

Dhikr after Salah Simplified

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فَمَنْ كَانَ يَرْجُوا لِقَاءَ رَبِّهِ فَلْيَعْمَلْ عَمَلًا صَالِحًا وَلَا يُشْرِكْ بِعِبَادَةِ رَبِّهِ أَحَدًا

**“So whoever hopes for the Meeting with his Lord,
let him work righteousness and associate none
as a partner in the worship of his Lord.”**

The Noble Qur.aan - Soorah al-Kahf, Aayah 110

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بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

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In the name of Allāh, ar-Raḥmān (the most merciful), ar-Raḥīm (the bestower of mercy).

After finishing Ṣalāh, a person should remain in the same place, facing the Qiblah, and say the following dhikr. These adhkār are said individually; saying them in unison or congregation, was not the practice of the Prophet ﷺ and his Companions, therefore this action is a Bid'ah.

The Prophet ﷺ would count the adhkār using his fingers and/or fingertips.

اللَّهُ أَكْبَرُ

Allāhu akbar¹

Allāh is the greatest

...

اسْتَغْفِرُ اللَّهَ ، اسْتَغْفِرُ اللَّهَ ، اسْتَغْفِرُ اللَّهَ

Astaghfir-ullāh, astaghfir-ullāh, astaghfir-ullāh.²

I ask Allāh for forgiveness; I ask Allāh for forgiveness; I ask Allāh for forgiveness.

...

اللَّهُمَّ أَنْتَ السَّلَامُ ، وَمِنْكَ السَّلَامُ ،
تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Allāhumma anta as-salām, wa minka as-salām,
tabārakta yā dhal jalāli wal ikrām.³

O Allāh, You are as-Salām and from You is all peace,
Blessed are You, O Possessor of majesty and honour.

1 Narrated by Ibn 'Abbas; Collected by: al-Bukhārī.

2 Narrated by Thawbān; Collected by Muslim.

3 Narrated by Thawbān; Collected by Muslim.

اللَّهُمَّ أَعْنِي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

Allāhumma a'innī 'alā dhikrika wa shukrika wa ḥusni
'ibādtik.⁴

O Allāh, help me to remember You, to thank You,
and to worship You in the best of manners.

...

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،
لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Lā ilāha illa Allāh, waḥdahū lā sharīka lahū, lahu-
mulku wa lahu ḥamdu, wahuwa 'alā kulli shay in
qadīr.⁵

None is worthy of worship except Allāh, alone, with-
out partner. To Him belongs all sovereignty and
praise, and He has power over all things. [Ten times
after Fajr Prayer and Maghrib Prayer]

...

اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ ، وَلَا مُعْطِيَ لِمَا مَنَعْتَ ،
وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ

Allāhumma lā māni'a limā a'tāyta, wa lā mu'tia limā
mana'ta, wa lā yanfa'u dhal-jaddi minka al-jadd.⁶

O Allāh, none can prevent what You have willed to
bestow. And none can bestow what You have willed
to prevent. And no wealth or majesty can benefit
anyone, as from You is all wealth and majesty.

4 Narrated by Mu'adh; Collected by Abu Dawūd.

5 Narrated by Mughīrah; Collected by al-Bukhārī & Muslim.

6 Narrated by Mughīrah; Collected by al-Bukhārī & Muslim.

لَا إِلَهَ إِلَّا اللَّهُ ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ ، لَهُ النُّعْمَةُ ، وَلَهُ الْفَضْلُ ،
 وَلَهُ الثَّنَاءُ الْحَسَنُ ، لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ
 كَرِهَ الْكَافِرُونَ

Lā ilāha illa Allāh, wa lā na'budu illa iyyāh, lahū an-
 ni'matu wa lahul-fadlu, wa lahū ath-thanā al-ḥasanu,
 lā ilāha illa Allāh, mukhliṣīna lahū ad-dīn wa law
 karihal-kāfirūn.⁷

None is worthy of worship except Allāh, and we wor-
 ship none except Him. For Him is all favour, grace
 and glorious praise, and He has power over all
 things. None is worthy of worship except Allāh and
 we are sincere in faith and devotion to Him although
 the disbelievers detest it.

...

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا
 فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا
 بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ
 مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا
 يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ ○

Allāhu lā ilāha illa huwal-ḥayyul qayyyūm, lā
 ta.khudhuhū sinatuwwa lā nawm; lahū mā
 fissanmāwāti wa mā fil-ard, man dhalladhī yashfa'u
 'indahū illā bi idhnih, ya'lamu mā bayna aydīhim wa
 mā khalfahum, wa lā yuḥītūna bi shay'in min 'ilmihī
 illā bi māshā. wasi'a kursiyyuhus-samā wāti wal ard,
 wa lā ya'ūduhū ḥifzuhumā wa huwal 'aliyyul 'aẓīm.⁸

Allāh – there is no deity except Him, the Ever-Living,
 the Sustainer of [all] existence. Neither drowsiness
 overtakes Him nor sleep. To Him belongs whatever

7 Narrated by 'Abdullāh Ibn Zubayr; Collected by Muslim.

8 Narrated by Abu Hurayrah; Collected by an-Nasāi.

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is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is [presently] before them and what will be after them, and they encompass not a thing of His knowledge except for what He wills. His Kursiyy extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Most Great.

...
 قُلْ هُوَ اللَّهُ أَحَدٌ ○ اللَّهُ الصَّمَدُ ○
 لَمْ يَلِدْ وَلَمْ يُولَدْ ○ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ○

Qul huwa Allāhu aḥad. Alaalahu -ṣamad. Lam yalid walam yūlad. Walam yakun-lahu kufuwan aḥad.⁹

Say, “He is Allāh, [who is] One. Allāh, the Eternal Refuge. He neither begets nor is born. Nor is there to Him any equivalent”.

[Once after every Prayer,
 except after Fajr and Maghrib which is 3 times]

...
 قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ○
 مِنْ شَرِّ مَا خَلَقَ ○ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ○
 وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ○ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ○

Qul a’ūdhu bi rabbil-falaq. Min sharri mā khalaq. Wa min sharri ghāsiqin idhā waqab. Wa min sharrin-naffāthāti fil-‘uqad. Wa min sharri ḥāsīdin idhā ḥasad.¹⁰

Say, “I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots. And from the evil of an envier when he envies”.

9 Narrated by ‘Abdullah Ibn Khubayb; Collected by Abu Dawūd.

10 Narrated by ‘Abdullah Ibn Khubayb; Collected by Abu Dawūd.

8

[Once after every Prayer,
except after Fajr and Maghrib which is 3 times]

...

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ○ مَلِكِ النَّاسِ ○
إِلَهِ النَّاسِ ○ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ○
الَّذِي يُوسِّسُ فِي صُدُورِ النَّاسِ ○ مِنَ الْجِنَّةِ وَالنَّاسِ ○

**Qul a'ūdhu bi rabbin-nās. Malikin-nās. Ilahin-nās.
Min sharril waswāsil khannnās. Alladhī yuwaswisu
fī ṣudūrin nās. Minal jinnati wan-nās.**¹¹

**Say, “I seek refuge in the Lord of mankind. The Sov-
ereign of mankind. The God of mankind. From the
evil of the retreating whisperer. Who whispers [evil]
into the breasts of mankind. From among the jinn
and mankind”.**

[Once after every Prayer,
except after Fajr and Maghrib which is 3 times]

...

سُبْحَانَ اللَّهِ

Subḥān Allāh¹²

Glorified is Allāh above any imperfection.

[33 times]

...

الْحَمْدُ لِلَّهِ

Alḥamdulilāh¹³

All praise is for Allāh.

[33 times]

11 Narrated by 'Abdullah Ibn Khubayb; Collected by Abu Dawūd.

12 Narrated by Abu Hurayrah; Collected by Muslim.

13 Narrated by Abu Hurayrah; Collected by Muslim.

اللَّهُ أَكْبَرُ

Allāhu akbar¹⁴

Allāh is the greatest.

[33 times]

...

لَا إِلَهَ إِلَّا اللَّهُ

Lā ilāha illa Allāh¹⁵

None is worthy of worship except Allāh.

...

Note: This is not an exhaustive list of adhkār; there are other variations of adhkār which are said after other Ṣalāh. For more information, refer to: “Jami’ Saḥīḥ al-Adhkār” by Shaykh al-Albaani, “Al-Adhkar” by Hafidh An-Nawawi, and “Fortification of the Muslim” by Sa’eed al-Qahtani.

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14 Narrated by Abu Hurayrah; Collected by Muslim.

15 Narrated by Abu Hurayrah; Collected by Muslim.